PLANT FACT SHEET

Erythronium albidum Nutt.

GENUS *Erythronium* **FAMILY** Liliaceae

COMMON NAMES White trout-lily, Blonde Lilian, White dogtooth violet

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb

The young leaves can be eaten raw.
The flower stalks, flower buds and bell shaped flowers can be eaten raw or cooked.
The bulbs are boiled and eaten.

DESCRIPTION

A bulb plant. It grows 15-30 cm high and spreads 8-15 cm wide. The leaves are long and fan outwards. The flowers are held above the leaves. They hang downwards and have petals which are pointed and curve back. The flowers are 2.5-5 cm long. They are white with some yellow. Plants go dormant after flowering.

HABITAT

Temperate. It suits hardiness zones 3-9.

NOTES

There are about 22 Erythronium species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce9c9655-0b68-455c-b98a-e37e7e87fc6c