PLANT FACT SHEET

Cyperus erectus (Schumach.) Mattf. & Kuk

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Great kyllingia

EDIBLE PARTS AND USES

Edible parts: stem, Bulb, Rhizomes - flavouring, Root

The rhizome is used as flavouring in sauces etc.

DESCRIPTION

A sedge. It is robust and keeps growing from year to year. It has a creeping rhizome or underground stem. The shoots are 12-40 cm tall. The leaves are 5-20 mm long by 2-4 mm wide. The flowering shoot has a single spike that is oval.

HABITAT

It is a tropical plant. It grows in wet grasslands and on the edges of water pools.

NOTES

There are about 50 Kyllinga species.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ceb87bc3-b91c-4823-b14b-9cd2190657a5