PLANT FACT SHEET

Leontodon asperrimus (Willd.) Endl.

GENUS *Leontodon* **FAMILY** Asteraceae

COMMON NAMES Red dandelion

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked in soup.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

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Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ced89323-8c78-480c-b779-93e77b7fba8e