PLANT FACT SHEET

Cymbidium hookerianum Rchb.f.

GENUS *Cymbidium* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: bud

The flowers are washed and boiled then drained and spices, melted cheese and salt are added. This is then cooked for a further 5 minutes.

DESCRIPTION

An orchid. It can grow attached to other plants. The false bulbs are narrowly oval and flattened and 3-8 cm long by 2-3 cm wide. They are partly enclosed by the leaf bases. There are 4-6 leaves. They are 35-60 cm long and 1-2 cm wide. They bend 6-10 cm from the base. The flowering shoot arises near the base of the false bulbs. There are 7-14 flowers. The flowers have a scent. They are green or yellowish green with red spots.

HABITAT

It is a tropical plant. It grows in trees in forests and on rocks along valleys between 1,100-2,700 m above sea level in southern China. In Northeastern India it grows at 4,300 m above sea level. In Sichuan and Yunnan.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cee51818-b412-47f0-8899-7d579c30058b