PLANT FACT SHEET

# *Brassica oleracea 'Dalmeny'*

**GENUS** *Brassica* **FAMILY** Brassicaceae

**COMMON NAMES** Dalmeny sprouts, Cabbage sprouts

## EDIBLE PARTS AND USES

**Edible parts:** Shoots, Cabbage

## DESCRIPTION

A cabbage family herb. The stem is 25 cm high. There are sprouts as well as a cabbage-like head.

## HABITAT

It is a temperate plant.

## REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 55

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/cee99bc9-263a-4840-9216-b45bdcebcfd6