PLANT FACT SHEET

Sphedamnocarpus pruriens (A. Juss.) Szyszyl.

GENUS *Sphedamnocarpus* **FAMILY** Malpighiaceae

COMMON NAMES Canary nettle

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are cooked with milk.

DESCRIPTION

A climbing shrub. It grows 1.5 m tall. The stems are hairy. The leaves are grouped in rings and have velvet hairs. The flowers are yellow. The petals are crinkly.

HABITAT

It is a tropical plant. It grows on the sand-belt.

REFERENCES

Larson, T. J., 1970, Hambukushu Ethno-botany. Botswana Notes and Records. Vol 13.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ceec68cf-ca4d-4221-b20e-5a88adbe1557