PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Lilaeopsis occidentalis J. M. Coult. & Rose

GENUS *Lilaeopsis* **FAMILY** Apiaceae

COMMON NAMES Western grasswort

EDIBLE PARTS AND USES

Edible parts: Rhizome, Stems

DESCRIPTION

A herb. It grows about 15 cm tall. It usually grows in clusters or 2 or 3 plants. The flowers are white.

HABITAT

It is a temperate plant. It grows along coastal beaches and near marches in damp ground.

REFERENCES

Kew Plants of the World onLine

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cf100e50-967a-4b4b-a0ad-e729734eedc4