PLANT FACT SHEET

Ziziphus zeyheriana Sond.

GENUS *Ziziphus* **FAMILY** Rhamnaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, seeds, Seeds - coffee

The kernels are used for porridge and also as a coffee substitute.
The fruit are eaten as a snack.

DESCRIPTION

A small shrub. It grows 60 cm high. It has annual stems from a creeping rhizome or underground stem. The small branches are hairy. The leaf blade is oval and 2-5 cm long by 1-4 cm wide. The fruit are 7 mm across. They are round and have 2 seeds. The seeds are 5 mm by 5 mm.

HABITAT

It is a subtropical plant. It is often on termite mounds. It grows in grassland and woodland between 1,250-1,500 m above sea level.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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