PLANT FACT SHEET

Sabia purpurea Hook.f. & Thomson

GENUS *Sabia* **FAMILY** Sabiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A woody climber. The flowers are in single clusters of 3-12 flowers. These are 3-4.5 cm long. The fruit are oval and fleshy and 5-7 mm long.

HABITAT

It is a subtropical plant. In Nepal it grows between 1,600-2,100 m above sea level. It grows in subtropical broad-leaved forests.

PRODUCTION

Harvesting and Seed Production

In Bhutan plants flower in February to April.

NOTES

There are about 19 (30) Sabia species. They are in Asia.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 2609
Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O. 2007, Flowering Plant Families of the World. Royal Botanical Gardens, Kew. p 288 (Genus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cf42c4d2-f911-44af-8fe4-178a20f1fabb