PLANT FACT SHEET

Spinacia oleracea subsp. turkestanica (Iljin) Del Guacchio & P. Caputo

GENUS *Spinacia* **FAMILY** Amaranthaceae

COMMON NAMES Smnagh

EDIBLE PARTS AND USES

Edible parts: Leaves, Stem

DESCRIPTION

A herb. It grows each year from seed.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Chenopodiaceae.

REFERENCES

Mirdeilami, S. Z., et al, 2011, Ethnopharmacological survey of medicinal plants in Maraveh Tappeh region, north of Iran. Iranian Journal of Plant Physiology 2(1): 327?338 (As Spinacia turkestanica)

Motamed, S. M., et al, 2010, Antioxidant activity of some edible plants of the Turkmen Sahra region in northern Iran. Food Chemistry 119: 1637-1642 (As Spinacia turkestanica)

Ryabushkina, N., et al, 2008, Brief Review of Kazakhstan Flora and Use of its Wild Species. The Asian and Australasian Journal of Plant Science and Biotechnology (As Spinacia turkestanica)

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 82 (As Spinacia turkestanica)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cf485853-b27b-48a1-91c4-72ce5d119a1c