PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Cuphea aequipetala Cav.

GENUS *Cuphea* **FAMILY** Lythraceae

COMMON NAMES Mexican loosestrife

EDIBLE PARTS AND USES

Edible parts: Leaves, Medicine

DESCRIPTION

A herb. It keeps growing from year to year. It grows 15-100 cm tall.

HABITAT

It is a subtropical plant.

REFERENCES

Farfan, B., et al, 2007, Mazahua Ethnobotany and Subsistence in the Monarch Butterfly Biosphere Reserve, Mexico. Economic Botany 61(2) 2007, pp 173-191

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cf92f75b-abe4-4ad8-b4b4-44dcd5ab2d25