PLANT FACT SHEET

Ixeris repens (L.) A.Gray

GENUS *Ixeris* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 10 cm tall. It keeps growing from year to year. There are several stems. They are creeping and can be 2 m long and partly buried. The nodes are 2-7 cm apart and these form roots. The leaves are erect and broadly oval. They are 2-3 cm long by 2-6 cm wide. They are fleshy and with lobes spread out like fingers on a hand.

HABITAT

It is a temperate plant. It grows on open sandy beaches near sea level.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cf9f9f82-6dba-4738-8bbf-f3d9d67afb93