PLANT FACT SHEET

Maytenus ilicifolia Mart. ex Reissek

GENUS *Maytenus* **FAMILY** Celastraceae

COMMON NAMES Espinheira-santa

EDIBLE PARTS AND USES

Edible parts: Seeds - oil

DESCRIPTION

A tree. The leaves have lobes ending in spines.

HABITAT

It is a subtropical plant. In Argentina it grows from sea level to 2,000 m above sea level.

NOTES

It has medicinal benefits.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 206 (As Monteverdia ilicifolia)

Mello, A. J. M., 2015, Cultural landscapes of the Araucaria Forests in the northern plateau of Santa Catarina, Brazil. Journal of Ethnobiology and Ethnomedicine 11:51

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cfb2d9fe-d866-40d2-bd77-9c5854121c13