PLANT FACT SHEET

Elymus glaucus Buckley

GENUS *Elymus* **FAMILY** Poaceae

COMMON NAMES Blue wild rye

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds are used in pinole. They are parched and pounded into flour.

DESCRIPTION

A tufted grass. It does not have a creeping rootstock. It grows 1 m high and spreads 50 cm wide. The stems are erect and hairy. The leaves are long, blue and narrow. The glumes and lemmas are smooth. The flowers are in densely packed heads.

HABITAT

It is a temperate plant. It grows in moist alpine meadows in the Rocky Mountains.

PRODUCTION

Cultivation

Plants can be grown by division.

NOTES

There are 150 Elymus species. They are temperate.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cfb6111c-259c-49ce-8746-6413cf6a7f7b