PLANT FACT SHEET

Ponerorchis chusua (D. Don) Soo

GENUS *Ponerorchis* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Root, Tubers

The root tubers are roasted and eaten.

DESCRIPTION

An orchid. It grows in the soil and has stems 10- 25 cm tall. There are 1-3 leaves. These are narrowly sword shaped and 3-8 cm long. The base forms a sheath. The flowers are purple and have spots. They are in spikes at the top of the plant. There are only a few flowers.

HABITAT

It is a temperate plant. In Nepal it grows between 2,400-4,900 m above sea level.

REFERENCES

Ghimire, S. K., et al, 2008, Non-Timber Forest Products of Nepal Himalaya. WWF Nepal p 106

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cfcb6112-2313-47f7-97d2-1794eca33048