PLANT FACT SHEET

Suaeda acuminata (C. A. Mey.) Moq.

GENUS *Suaeda* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leafy shoots are cooked and eaten.

DESCRIPTION

An annual herb. It grows 20-50 cm tall. The leaves are narrow and 0.5-1.5 cm long by 1-1.5 mm wide.

HABITAT

It is a temperate plant. It can grow in arid regions.

REFERENCES

Jalali, M., et al, 2024, Identification and investigation of ethnobotanical plants of rangeland wild edible plants in Shahrud. Iranian Journal of Range and Desert Research. Vol. 31, No. 2 P 107-128

Jalali, M., et al, 2024, Ethnobotanical study of wild edible plants in the mountainous regions of Semnan Province, Iran. Journal of Ethnobiology and Ethnomedicine 20:93

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cfe06c6e-8e2a-4a6a-aa37-8d08ceaf56d6