PLANT FACT SHEET

Carduus pycnocephalus subsp. cinereus (M. Bieb.) P. H. Davis

GENUS *Carduus* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are peeled and eaten.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

REFERENCES

Demir, I. & Ayaz, N., 2022, Wild edible plants contributing to the traditional foods of Mardin (Turkey) Province. Indian Journal of Traditional Knowledge Vol 21(3), July 2022, pp 569-582 (As Carduus pycnocephalus L. subsp. breviphyllarius)

Kaya, O. M., et al, 2020, An ethnobotanical research in Sanhurfa central district and attached Villages (Turkey). Indian Journal of Traditional Knowledge. Vol. 19(1) pp 7-23 (As Carduus pycnocephalus L. subsp. breviphyllarius)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cfebd68f-bb96-458c-8281-604729aec0dd