PLANT FACT SHEET

Hedysarum boreale Nutt.

GENUS *Hedysarum* **FAMILY** Fabaceae

COMMON NAMES Northern sweet vetch, Licorice root, Sweet root

EDIBLE PARTS AND USES

Edible parts: Root

The young tender roots are eaten. They can be sliced and eaten raw or boiled, baked, fried or added to soups. They are also used for flavouring.

DESCRIPTION

A herb that keeps growing from year to year. It has a taproot. The flowers are red coloured. The pods have ridges across them.

HABITAT

It is a temperate plant. It suits hardiness zone 3.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d045a68c-551d-4599-bbdd-3930484d2519