PLANT FACT SHEET

Melissa officinalis subsp. inodora Bornm.

GENUS *Melissa* **FAMILY** Lamiaceae

COMMON NAMES Lemon balm

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

It has antioxidant activity.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d076ed2e-8dc3-45f6-9a58-ff4c17fa4445