PLANT FACT SHEET

Potentilla pacifica Howell

GENUS *Potentilla* **FAMILY** Rosaceae

COMMON NAMES Pacific cinquefoil

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are cooked by steaming and eaten. They can be boiled and sugar added to make them less bitter.

DESCRIPTION

A low herb. It keeps growing from year to year. It has long spreading runners and long thick roots. The leaves at the base are in clumps and 20-40 cm long. They are compound with leaflets along the stalk. There are 13-15 oval leaflets. These have teeth. The leaflets are green on top and silvery white underneath. The flowers are yellow. These occur singly on long stalks.

HABITAT

It is a cold temperate plant. It grows on coastal dunes and beaches. It can grow in salt marshes.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d0b58574-cf3b-484f-8b2f-488738419c73