PLANT FACT SHEET

Ephedra rupestris Benth.

GENUS *Ephedra* **FAMILY** Ephedraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A small shrub. It keeps growing from year to year. The fruit are red. They are round and 7 mm long.

HABITAT

It is a subtropical plant. In Argentina it grows between 2,000-4,200 m above sea level.

REFERENCES

Thomas, E., et al, 2008, The Relationship Between Plant Use and Plant Diversity in the Bolivian Andes, with Special Reference to Medicinal Plant Use. Hum Ecol (2008) 36:861–879

Thomas, E., et al, 2009, The relation between accessibility, diversity and indigenous valuation of vegetation in the Bolivian Andes. Journal of Arid Environments. 73:854-861

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d0dad0fd-7134-4a7b-99c3-1440f814cae1