PLANT FACT SHEET

Salix herbacea L.

GENUS *Salix* **FAMILY** Salicaceae

COMMON NAMES Dwarf willow, Snowbed willow

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A very small woody plant. It grows 6 cm tall and has spreading branches. It loses its leaves during the year. The leaves are rounded and have teeth along the edge. They are more pale underneath. The leaves are 1-2 cm long and wide. Plants are separately male and female. The female flowers are reddish and the male flowers are yellow.

HABITAT

It is a cold temperate plant. It can grow at sea level in the arctic and up to 1,500 m above sea level further south.

REFERENCES

Källman, S., 1980, FAO Report D 54012-H2, Sweden. "A literature study that is important for the knowledge and ideas about the selection and nutritional values of wild Swedish plants that can be used as food in emergency situations"

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d0ed8b3a-bec8-4bec-a359-c2e9a974d056