PLANT FACT SHEET

Paralemanea grandis Atkinson

GENUS *Paralemanea* **FAMILY** Lemaneaceae

COMMON NAMES Nungsham

EDIBLE PARTS AND USES

Edible parts: Algae

It is properly dried in the sun or by fire then fried and eaten. It has a fishy smell and used as a fish substitute.

DESCRIPTION

A red algae. It is a very small plan that grows under water. It is red.

HABITAT

A tropical plant. It grows in fresh water.

NOTES

Also put in the family Rhodophyceae.

REFERENCES

Jain et al, 2011, Dietary Use and Conservation Concern of Edible Wetland Plants at Indo-Burma Hotspot: A Case Study from Northeast India. Journal of Ethnobiology and Ethnomedicine 7:29 p 6 (As Lemanea australis)

Singh, P.K., Singh, N.I., and Singh, L.J., 1988, Ethnobotanical Studies on Wild Edible Plants in the Markets of Manipur - 2. J. Econ. Tax. Bot. Vol. 12 No. 1 pp 113-119 (As Lemanea australis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d119b225-60bf-4a37-9d69-664aebbd441e