PLANT FACT SHEET

Physospermum cornubiense (L.) DC.

GENUS *Physospermum* **FAMILY** Apiaceae

COMMON NAMES Barestem biscuitroot, Bladderseed

EDIBLE PARTS AND USES

Edible parts: Flowers - drink, Fruit - flavouring, Leaves - tea, Stem

The flowers are used to make a drink.
It is used in liqueurs and to flavour cakes made with chestnuts.

DESCRIPTION

A herb. It has a rhizome or underground stem. It occurs in colonies. It grows 50-100 cm tall. The flowers are white.

HABITAT

It is a temperate and Mediterranean climate plant. It grows up to 1,700 m above sea level in Bulgaria.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d12e7117-6819-4a23-8aab-4a2427354832