PLANT FACT SHEET

Berkheya zeyheri Oliv. & Hiern

GENUS *Berkheya* **FAMILY** Asteraceae

COMMON NAMES Woodland sun daisy

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tufted herb with a large woody rootstock. It grows 10-90 cm tall. There are many roots each with a long root tuber. The stems grow each year. It has many leaves and the leaves get smaller up the stem. The leaves do not have leaf stalks. The leaves are 3-15 cm long by 0.2 cm wide. They have a spine at the tip. The flowers are yellow.

HABITAT

It is a tropical plant. It can tolerate fires and grows in high altitudes grassland and woodlands. It can be on rocky outcrops and shallow stony soils. In Zimbabwe it grows between 1,200-2,100 m above sea level.

NOTES

Possibly now Berkheya setifera subsp. zeyheri.

REFERENCES

Flora Zambesiaca. http://apps.kew.org/efloras

INFOODS:FAO/INFOODS Databases (As B. zeyheri ?)

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1329dc8-3b65-40a5-b66c-80594b9cc77a