PLANT FACT SHEET

Asparagus altissimus Munby

GENUS *Asparagus* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The young shoots are used as a vegetable.

DESCRIPTION

A herb.

HABITAT

A tropical or Mediterranean climate plant. It grows in the Sahara and in arid places.

NOTES

There are between 160-300 Asparagus species.

REFERENCES

Bull. Soc. Bot. France 2:287. 1855

Ghanimi, R., et al, 2022, Ethnobotanical study on wild edible plants traditionally used by Messiwa people, Morocco. Journal of Ethnobiology and Ethnomedicine. 18:16

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 57

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1333a6d-05c8-434b-9049-0aa064bc1e7e