PLANT FACT SHEET

Beta vulgaris var. craca Alef.

GENUS *Beta* **FAMILY** Amaranthaceae

COMMON NAMES Beetroot- Egyptian

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

Probably all Beta are one species and 2 main forms - Cicla - for leaves, and Contiva - for roots.
Also put in the family Chenopodiaceae.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d134d379-e174-4ddd-b6f0-4e4d977f382d