PLANT FACT SHEET

Tragopogon porrifolius subsp. longirostris (Bisch. ex Sch. Bip.) Greuter

GENUS *Tragopogon* **FAMILY** Asteraceae

COMMON NAMES Long-beaked goat's beard, Purple salsify

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Roots

The leaves are used in salads and added to pastries. They are boiled and then fried.
The roots are also eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Borelli, T., et al, 2022, Assessment of the Nutritional Value of Selected Wild Food Plants in Türkiye and Their Promotion for Improved Nutrition. Sustainability 2022,14,11015.

Dogan, A. & Tuzlaci, E., 2015, Wild Edible Plants of Pertek (Tunceli-Turkey). Marmara Pharmaceutical Journal 19: 126-135 (As Tragopogon longirostris)

Dogan, Y., 2012, Traditionally used wild edible greens in the Aegean Region of Turkey. Acta Societatis Botanicorum Poloniae 81(4): 329-342 (Also as Tragopogon longirostris)

Ertug, F., 2004, Wild Edible Plants of the Bodrum Area. (Mugla, Turkey). Turk. J. Bot. 28 (2004): 161-174

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Galalaey, A. M. K., et al, 2021, Ethnobotanical study of some wild edible plants in Hujran Basin, Kurdistan Region of Iraq. ZANCO Journal of Pure and Applied Sciences. Salahaddin University-Erbil p 26 (As Tragopogon longirostris)

Gunes, S. et al, 2018, Survey of wild food plants for human consumption in Karaisali (Adana-Turkey). Indian Journal of Traditional Knowledge. Vol. 17(2), April 2018, pp 290-298 (As Tragopogon longirostris)

Guzelsoy, N. A., et al, 2017, Nutritional Properties of some Wild Edible Plant Species in Turkey. ANADOLU, J. of AARI 27(2) 2017, 39-45 (As Tragopogon porrifolius subsp. longirostris)

Kaya, O. M., et al, 2020, An ethnobotanical research in Sanhurfa central district and attached Villages (Turkey). Indian Journal of Traditional Knowledge. Vol. 19(1) pp 7-23 (As Tragopogon porrifolius subsp. longirostris)

Senkardes, I., et al, 2019, An Ethnobotanical Analysis on Wild Edible Plants of the Turkish Asteraceae Taxa. Agric. conspec. sci. Vol. 84 No. 1 (17-28) (As Tragopogon porrifolius subsp. longirostris)

Yesil, Y., et al, 2019, Wild edible plants in Yeşilli (Mardin-Turkey), a multicultural area. Journal of Ethnobiology and Ethnomedicine (2019) 15:52 (As Tragopogon porrifolius subsp. longirostris)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d152cfa4-6fe3-46df-b150-7b0ccd282f7f