PLANT FACT SHEET

Boscia foetida subsp. rehmanniana (Pestal.) Toelken

GENUS *Boscia* **FAMILY** Capparaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Fruit

The roots are pounded and used as a porridge.
The root is also used as a chicory substitute.
The fruit are eaten.

DESCRIPTION

A shrub or small tree. It grows 5 m tall. The branches are stout and smooth. They often end with a spine. The bark is smooth and grey. The leaves occur in clusters and are narrowly oval and end abruptly with a sharp point. The flowers are small and 2-3 mm long. They are yellowish-green. The fruit is a round berry. It is yellowish-brown and has dense short hairs. There is one seed.

HABITAT

It is a tropical plant.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 144

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d16ca909-e9bd-4a0d-a2ee-53c15815f4e6