PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Guilandina bonduc (L.) Roxb.

GENUS *Guilandina* **FAMILY** Fabaceae

COMMON NAMES Bonduc nut, Grey nicker, Nicker bean

EDIBLE PARTS AND USES

Edible parts: Seeds - oil, Seeds - coffee, Leaves

The roasted seeds have been used as a coffee substitute.
Caution:

DESCRIPTION

A scrambling shrub. It has long branches. They can be 15 m long. These have re-curved hooked spines. Young plant parts have brown hairs. The leaves are 30-80 cm long and twice divided. The final leaflets are 2-6 cm long by 1-3 cm wide. The fruit are pods 5-9 cm long by 2-5 cm wide. They are prickly . There are 1-2 seeds. They are 1-2 cm across and very hard.

HABITAT

It is a tropical plant. It grows near sea shores and up to 200 m above sea level. It can be up to 800 m.

PRODUCTION

Cultivation

Plants can be grown from seeds. The seeds need treatment to break the hard seed coat.

NOTES

Also as Caesalpinaceae.
It is used as medicine.

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