PLANT FACT SHEET

Psilosiphon schimperi (Klatt) Goldblatt & J. C. Manning

GENUS *Psilosiphon* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Bulb, Root

The corm or bulb is eaten as a snack and also cooked as a vegetable.

DESCRIPTION

A corm or bulb plant. The corm is about 2 cm across. The plant grows 30-80 cm tall. There are 3 or more narrow leaves.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 69

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d17bf33c-e82c-467c-888a-16b1cee6c5de