PLANT FACT SHEET

Barbarea orthoceras Ledebour

GENUS *Barbarea* **FAMILY** Brassicaceae

COMMON NAMES American yellowrocket, Garden Yellowrocket

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves in early spring are picked and eaten as a mixed salad.
They can also be cooked and eaten as a green vegetable.

DESCRIPTION

A cabbage family herb. It grows up to 60 cm tall. It takes 2 years to complete its life cycle. The stems are simple and unbranched. The leaves near the base have 2-4 small lobes and one large lobe. The leaves on the stem are alternate. The flowers are small and have 4 yellow petals. The flowers are in clusters in the axils of the upper leaves. The fruit is a narrow pod p to 5 cm long.

HABITAT

It is a cold temperate plant. It grows in open grasslands, scree, temperate mixed forests, river and stream-sides, moist grassy slopes between 400–2100 m altitude in China.

NOTES

There are 12 Barbarea species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1b009d4-4487-4748-a78e-e32af24333b9