PLANT FACT SHEET

Salvia forskaehlei L.

GENUS *Salvia* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used for sarma in Turkey. They are rolled around a filling of rice or minced meat.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, Y., et al, 2015, Of the importance of a leaf: the ethnobotany of sarma in Turkey and the Balkans. Journal of Ethnobiology and Ethnomedicine, 11:56

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement (As forskahlei)

Pieroni, A., et al, 2018, Celebrating Multi-Religious Co-Existence in Central Kurdistan: the Bio-Culturally Diverse Traditional Gathering of Wild Vegetables among Yazidis, Assyrians, and Muslim Kurds. Human Ecology 46:217–227 (As Salvia forsskaolei)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1b1e01d-4532-42a7-a481-94081ca47865