PLANT FACT SHEET

Uncaria cordata (Lour.) Merr.

GENUS *Uncaria* **FAMILY** Rubiaceae

COMMON NAMES Heart-shaped uncaria

EDIBLE PARTS AND USES

Edible parts: Medicine, Trunk liquid

DESCRIPTION

A woody climber. It can grow 10 m long. It has hooks. The leaves are 17 cm long by 10 cm wide. There are many flowers in a group. The fruit are in clusters about 9.5 cm across. The fruit are spindle shaped and 15 mm long by 5 mm wide. The fruit open along a crack.

HABITAT

It is a tropical plant. In NE Queensland it grows between 70-500 m above sea level.

NOTES

The leaves have antibiotic and antidiabetes health benefits.

REFERENCES

Henning, B. M., 2014, The Diversity of Conservation: Exploring Narratives, Relationships and Ecosystem Services in Melanesian Market-based Biodiversity Conservation. Ph D dissertation, Uni of Minnesota. p 217

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1b840a7-3da1-4d59-a934-ab56efbf3a8b