PLANT FACT SHEET

Athyrium strigillosum (T. Moore ex Lowe) Moore ex Salomon

GENUS *Athyrium* **FAMILY** Athyriaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

DESCRIPTION

A fern. It has a short rhizome. The fertile fronds are 55-90 cm long.

HABITAT

It is a temperate plant.

REFERENCES

Ojha, R. & Devkota, H. P., 2021, Edible and Medicinal Pteridophytes of Nepal: A Review. Ethnobotany Research & Applications 22:16

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1c5c4eb-8001-4045-8f15-23d645337233