PLANT FACT SHEET

Sidalcea neomexicana A. Gray

GENUS *Sidalcea* **FAMILY** Malvaceae

COMMON NAMES New Mexico prairie mallow, Salt spring checkerboom

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A herb or small shrub. It grows from a cluster of fleshy roots. The stem is 20-90 cm tall. The leaves are fleshy and can have deep lobes. The flowers are in a loose cluster. The petals and pink and 2 cm long.

HABITAT

It is a temperate plant.

NOTES

There are about 20 or 25 Sidalcea species.

REFERENCES

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 291

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 801

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d1f9f2bd-e919-4e12-add4-5dd12c81fe1c