PLANT FACT SHEET

Aeollanthus suaveolens Mart. ex Spreng.

GENUS *Aeollanthus* **FAMILY** Lamiaceae

COMMON NAMES Bwalangino

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are used for flavouring and in sauces.

DESCRIPTION

An erect herb. It is short lived. It is bushy and grows 80 cm tall. It has many branches. It has an aroma. The leaves are 5 cm long and thin without a stalk. The flowers are small and violet. The fruit are 4 dry nutlets.

HABITAT

It is a tropical plant. It grows in shallow soils over rock.

PRODUCTION

Cultivation

Plants are grown from seed. It can also be grown from leafy cuttings.

NOTES

There are about 35 Aeolanthus species. They occur in Africa.

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