PLANT FACT SHEET

Metteniusa nucifera (Pittier) Sleumer

GENUS *Metteniusa* **FAMILY** Metteniusaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The seeds and fruit are cooked and eaten.

DESCRIPTION

A tree. It grows 8-12 m tall. The leaves are simple and broad. They are alternate. The leaves are 10-20 cm long by 4.5-8 cm wide. They taper at the tip. The fruit are fleshy and 3.5 cm long by 2.5 cm wide. The seed is 2.3 cm long.

HABITAT

It is a tropical plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 535

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d218da75-df9e-414b-ac48-c688dd919c9e