PLANT FACT SHEET

Abutilon hirtum (Lam.) Sweet

GENUS *Abutilon* **FAMILY** Malvaceae

COMMON NAMES Indian mallow

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit

The fruit are eaten raw.

DESCRIPTION

A herb or small shrub. It grows 0.5-2 m high. It has clammy hairs. The leaf stalks are 3-15 cm long. The leaves are sword shaped and 4-18 cm long. There are hairs on both surfaces. The flowers occur singly in the axils of leaves. The fruit have 2-3 seeds. They are kidney shaped and 2-2.5 mm across.

HABITAT

It is a tropical plant. It grows in rocky, stony or sandy soils. It is often over limestone material. It grows between 550-915 m above sea level. It can tolerate shade. It can grow in arid places. In Yunnan.

NOTES

There are about 100-160 Abutilon species.

REFERENCES

Copeland, S. R., 2007, Vegetation and plant food reconstruction of lowermost Bed II, Olduvai Gorge, using modern analogs. Journal of Human Evolution 53 (2007) 146-175

East African Herbarium records, 1981,

Flora of Pakistan. www.eFloras.org

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

Plants of Haiti Smithsonian Institute http://botany.si.edu/antilles/West Indies

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 144

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 3rd May 2011]

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d21dbc58-db98-4ea5-9201-8d4b96b4ef1b