PLANT FACT SHEET

Centemopsis gracilenta (Hiern) Schinz

GENUS *Centemopsis* **FAMILY** Amaranthaceae

COMMON NAMES Ciyomba

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An annual herb. It is erect and grows 0.5-1.6 m high. The stems are wiry and tough. There are lines along the stems. It is branched and bushy. The leave are narrow and 2-10 cm long by 1-3 mm wide. The flowers are like a spike and pink or white. They are 1.2-4 cm long by 0.6-1 cm wide. The fruit is a capsule about 2.5 mm long. It is pear shaped. The seeds are brown and 2.2 mm long. They are shiny with a net pattern on them.

HABITAT

It is a tropical plant. It grows on sand and in woodland and grassland. It grows between 450-1,680 m altitude.

REFERENCES

Flora Zambesiaca. http://apps.kew.org/efloras

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 7

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d22973a9-15d0-4833-88bf-a89c259877f5