PLANT FACT SHEET

Isodon coetsa (Buch.-Ham. ex D. Don) Kudo

GENUS *Isodon* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The plant is cooked with meat as a potherb.
The leaves are used for tea.

DESCRIPTION

A small shrub. It can grow 2 m tall. It has many branches. The leaves on the stem are opposite. The leaves are oval and 3-9 cm long by 2-6 cm wide. There are teeth along the edges. The flowering panicles are 5-15 cm long and there are 3-5 flowers.

HABITAT

It is a tropical plant. In Yunnan.

REFERENCES

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56 (As Rabdosia coetsoides)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d236ecbc-37cc-4837-9580-58e4de6da94d