PLANT FACT SHEET

Pseudognaphalium cheiranthifolium (Lam.) Hilliard & B.L. Burtt

GENUS *Pseudognaphalium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 40-80 cm tall. The leaves have a white woolly covering. The branches usually occur singly and only branch towards the tip. The leaves are 30-45 mm long by 2-5 mm wide. The leaves at the base are larger. There are 78-80 flowers in a group. They are yellow.

HABITAT

It is a high altitude tropical plant. It grows from sea level to 2,500 m above sea level. It can be higher in some places.

REFERENCES

Kew Plants of the World Online

Thomas, E., et al, 2008, The Relationship Between Plant Use and Plant Diversity in the Bolivian Andes, with Special Reference to Medicinal Plant Use. Hum Ecol (2008) 36:861–879 (As Gnaphalium cheiranthifolium)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d2498207-3709-4b9b-87e0-4d00ac9cd5e6