PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Food Plants International: Caution - Seeds

Erythrina americana Mill.

GENUS *Erythrina* **FAMILY** Fabaceae

COMMON NAMES American coralbean, Flor de colorin

EDIBLE PARTS AND USES

Edible parts: Flowers, flower, Leaves, Seeds

The petals and young flowers are fried and eaten. They are added to eggs to make an omelet. They are also added to salads and soups.
The tender leaves are used as greens.
Caution: The seeds are poisonous.

DESCRIPTION

A tree. It grows 5 m tall. The branches spread out wide. There are spines along the trunk. The leaves have 3 leaflets. These are oval and 7-22 cm long. The leaves fall off during dry winter seasons. The flower petals are red. The fruit are pods 12 cm long. These are squeezed in between the seeds. The pod has a long narrow beak at the tip. The seeds are about 1 cm long and are red.

HABITAT

It is a tropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d24b966b-4faa-4cb6-8357-3ca2513a746f