PLANT FACT SHEET

Scleria woodii C. B. Clarke

GENUS *Scleria* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Fruit - spice, Seed - spice

DESCRIPTION

A herb. It keeps growing from year to year. It grows 25-75 cm tall. It has a tuberous rhizome. The nutlets are grey with darker stripes along them.

HABITAT

It is a tropical plant. It grows in seasonally dry areas.

REFERENCES

Bouba, A. A., et al, 2012, Proximate Composition, Mineral and Vitamin Content of Some Wild Plants Used as Spices in Cameroon. Food and Nutrition Sciences 3:423-432 (As Scleria woodii var. ornata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d26412b8-cf57-4609-b0c4-bba3065b51a7