PLANT FACT SHEET

Begonia nigritanum Steud.

GENUS *Begonia* **FAMILY** Begoniaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Alegado, A. M. & De Guzman, R. B., 2014, Indigenous food crops of the Aetas tribe in the Philippines and their traditional methods of food preparation. in Promotion of Underutilized Indigenous Food Resources for Food Security and Nutrition in Asia and Pacific. FAO. Bangkok p 160

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d2dab5f8-8675-4fd2-bd24-23f188af50e7