PLANT FACT SHEET

Grewia helicterifolia Wall. ex G. Don

GENUS *Grewia* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten fresh.

DESCRIPTION

A shrub. It grows to about 2 m high. The young parts are hairy. The leaves have stalks. The leaves are 5-12.5 cm long by 1-2.3 cm wide. They are narrowly sword shaped. They have small teeth along the edge. They are hairy underneath. The base is unequal sided and has 3 veins. The flowers are white. The fruit is fleshy with a hard covering around the seed. The fruit are shiny reddish-brown when ripe.

HABITAT

A subtropical plant. In Nepal it grows to about 1500 m altitude.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 200 Grewia species. They are mostly tropical. The fruit of most may be edible. These were in the Sparrmanniaceae and the Tiliaceae.

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