PLANT FACT SHEET

Jacquemontia tamnifolia (L.) Griseb.

GENUS *Jacquemontia* **FAMILY** Convolvulaceae

COMMON NAMES Hairy cluster-vine

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable. It is also mashed and added to soup.

DESCRIPTION

A herb. It has a taproot. It has several stems. The stems are trailing. They are about 1 m long. They have flattened silky hairs. The leaves are simple and oval. They are alternate. They are 9 cm long by 6 cm wide. They are on slender stalks. The flowers are blue. They are in dense hairy heads. They are on long stalks. The fruit are round and pale yellow. There are usually 4 seeds.

HABITAT

A tropical plant. It grows in dry sandy places and grassland. It grows in savannah woodland. It is more common where rainfall is less than 1000 mm per year. It is only rare in Swaziland. It is often in hot arid places with a marked dry season. The dry season can be 6-11 months. It grows in sandy and stony soils. It grows between 10-1,100 m above sea level. It can tolerate shade. It can grow in arid places. It grows in the lowlands. In Argentina it grows below 500 m above sea level.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

Harvesting and Seed Production

Leaves are collected during and soon after the rainy season.

NOTES

There are about 120-150 Jacquemontia species. Most are in tropical America.

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