PLANT FACT SHEET

Urtica membranacea Poiret

GENUS *Urtica* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves are boiled and eaten. They are cooked in omelettes. They are used in soups.

DESCRIPTION

An annual herb.

HABITAT

It is a Mediterranean climate plant. It grows in dry soils. It can grow in arid places.

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