PLANT FACT SHEET

Pulmonaria hirta L.

GENUS *Pulmonaria* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are used in soups.

DESCRIPTION

A herb. The leaves are broadly oval. The flowers are purple.

HABITAT

It is a temperate plant.

REFERENCES

Biscotti, N. et al, 2018, The traditional food use of wild vegetables in Apulia (Italy) in the light of Italian ethnobotanical literature. Italian Botanist 5:1-24 (As Pulmonaria vallarsae subsp. apennina)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d32dd94a-e558-4488-a2fe-31e35a58a7e2