PLANT FACT SHEET

# *Cyperus laxus* Lam.

**GENUS** *Cyperus* **FAMILY** Cyperaceae

## EDIBLE PARTS AND USES

**Edible parts:** stem

The inner base of the young stems is eaten raw.

## DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. It is a herb which keeps growing from year to year. It grows 30-80 cm high. It forms tussocks. The rhizomes are short and stout. The leaves are 15-80 cm long and 0.5-2 cm wide.

## HABITAT

It is a tropical plant. It grows on hill tops and near swamps. It is usually in the shade. In Argentina it grows from sea level to 1,500 m above sea level. It grows in the seasonally dry tropics.

## PRODUCTION

### Cultivation

It can be grown by seed or division.

## NOTES

There are 550 Cyperus species.
It is used in medicine.

## PICTURES



Credit: Food Plants International (Bruce French)



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## REFERENCES


Tabl. encycl. 1:146. 1791

Tutul, E et al, 2009, Angiospermic Flora of Runctia Sal Forest, Bangladesh. Bangladesh J. Plant Taxon. 16(1): 83-90. p 85



**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/d340728b-9dc2-456e-b760-49eda895e6d7